



Do something good for others and yourself!



Dr. Roderick White, Helena, AL chiropractor & clinic director at Cahaba Wellness is offering new patients “complimentary” first day services, including consultation and examination, who bring in new unwrapped toys or make a donation to Toys for Tots.

Bring a toy by today!

263 Village Parkway, Helena, AL 35080 – On Hwy 95 btwn Hwys 52 & 58.
www.cahabawellness.com

Call Anna at **205-664-8881** to schedule your appointment,
starting Monday 12/12/11

Toys need to be donated by Dec 16th. Appointments can be made within 30 days. Patients with federal funded insurances are not eligible for offer (because it's not allowed). We would greatly appreciate donations for Toys for Tots. Thank you.